SIL roster of care template

A free template from Psych Connect NDIS Support (registered NDIS provider, Springfield Central QLD, 0403 828 422). Use it with the participant and their support coordinator to show a typical week at home. A roster of care is optional and doesn't decide SIL funding: the NDIA decides. Use initials only on this page.

1. About the participant and the home

Participant (initials only)	
Support coordinator (organisation and phone)	
Suburb, and SDA design category if it's an SDA home	
Support intensity being asked for (standard or high intensity)	
How the plan is managed (self, plan manager or NDIA)	
Behaviour support plan in place? (yes or no)	
Consent to share this roster (who with, and date)	
Prepared by (organisation) and date	

2. Everyone who lives in the home

List every housemate, including anyone who isn't an NDIS participant. Shared support is split between the people sharing it.

Housemate (initials)	NDIS participant? (yes or no)	Shares day support? (yes or no)	Shares overnight support? (yes or no)

3. A typical week

Write a code in each box. The NDIA's own roster tool works in 30-minute blocks: if support changes on the half hour, split the box (for example "1:1 / 1:3").

1:1 one worker for this person **1:2** one worker shared by 2 **1:3** one worker shared by 3 **CP** community activities (funded outside SIL)

W at work or study (funded outside SIL) **S** sleepover **AO** active overnight (worker awake) **H** staff handover

Time	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Main support in this block
6 am								
7 am								
8 am								
9 am								
10 am								
11 am								
12 pm								
1 pm								
2 pm								
3 pm								
4 pm								
5 pm								
6 pm								
7 pm								
8 pm								
9 pm								
10 pm								

Time	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Main support in this block
11 pm								
Overnight								

4. Overnight support

Type	☐ None ☐ Sleepover (a worker sleeps at the home and can be woken to help) ☐ Active overnight (a worker stays awake)
Nights a week, and shared with how many housemates	
What help is usually needed at night	

5. Other things to show

Irregular days at home with extra support (for example when unwell). The NDIA generally funds 10 a year for standard needs and 15 for high intensity needs.	
Public holidays when support is needed	
Times when more than one worker is needed, and why	
Skills the participant is building at home (cooking, routines, budgeting)	
Anything else that matters in the participant's week	

6. Estimate (optional)

Enter the hours and ratios above in the free SIL cost calculator at psychconnect.com.au/ndis-support/guides/sil-cost-calculator/. It uses the maximum prices in the NDIS pricing schedule 2026-27. It's an estimate only.

Estimated cost a week and a year	

Based on what the NDIA's provider SIL roster of care tool records (NDIS, Guide to providing supported independent living, page current as of 1 October 2026, read 10 November 2026). Psych Connect NDIS Support charges within the maximum prices in the NDIS pricing schedule, with no hidden fees. Using this template doesn't commit anyone to using Psych Connect. psychconnect.com.au/ndis-support/tools/roster-of-care-template/ · Last reviewed 10 November 2026.